

Developing Skin Contact Solutions for Foot Care

Feet bear the brunt of daily abuse from walking, jumping, running and more, making them naturally susceptible to many different types of problems.



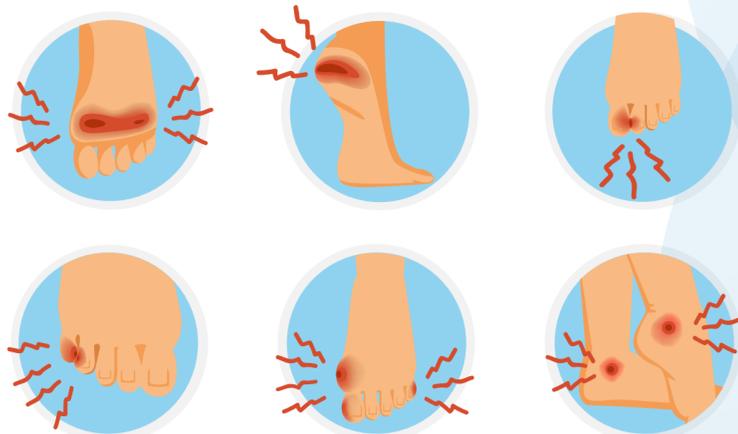
Did you know?

- Our feet are home to 52 bones—**25% of all bones in the human body**¹
- Women experience **four times** as many foot problems as men due to foot wear²
- The average recommended number of steps per day is between **8,000 and 10,000**³
- A healthy individual is estimated to cover more than **115,000 miles on foot in their lifetime**⁴
- **Foot ailments** can be the first sign of more serious medical problems
- Conditions such as arthritis, diabetes, nerve and circulatory disorders, **show initial symptoms** on one's feet

Common Problems

Some of the most common foot problems include:

- Blisters
- Bunions
- Cracked heels
- Corns and calluses



Hydrogel + Hydrocolloid Foot Care Bandages

Hydrogel and Hydrocolloid foot care bandages help to reduce discomfort from blisters, corns, calluses and bunions.

Benefits:

-  Provide cushioning and pain relief
-  Block bacteria and viruses from affected area
-  Soothe and cool (Hydrogel)
-  Offer multi-day wear time

SOURCES

1. Foot Bones Anatomy and Mnemonic, *RegisteredNurseRN.com*
2. It's Foot Health Awareness Month!, Dr. Michelle Castiello, *Health Matters*, April 1, 2022
3. Recommended Steps Per Day by Age: A Complete Guide, Marnie Kunz, *Runstreet*, January 12, 2023
4. Resources for Patients: Podiatry Facts & Statistics, Illinois Podiatric Medical Association

Learn more about our [Foot Care Hydrogel](#) and [Hydrocolloid Bandages](#) by visiting our website.